

NEWSLETTER

November 2014 Edition



Where Our Residents Have Been!

Emergency Department

**Dr. Sumulong,
PGY3 Resident Physician**

I worked 12 hour shifts at Gila Regional Medical Center alongside Dr. Haire, Dr. Wilcox, Dr. Bennett and Dr. Beesley seeing a variety of patients from managing chest pain and stitching up head lacerations to doing spinal taps to evaluate for meningitis. Thank you for a great experience! - Cid

Family Medicine Inpatient Services- MMC

**Dr. Cluff,
PGY3 Resident Physician**

Family medicine inpatient service with the Las Cruces residents at Memorial Medical Center was excellent! I enjoyed filling the roll as a senior resident and the responsibilities of supervising and teaching junior residents. I was accepted very well by the team in Las Cruces. This rotation provided me many great learning opportunities. I was able to treat rare diseases that I had previously not treated. - Ben

Behavioral Health

**Dr. Schumacher,
PGY2 Resident Physician**

This past month I have had the privilege of working with the wonderful team of health care providers in Behavioral Health at HMS. Have you ever felt really depressed?...maybe anxious, so filled with anxiety you couldn't think or move?...maybe you have even considered hurting yourself or someone else?...or, maybe you have trouble controlling your temper, your inappropriate thoughts, your use of alcohol or drugs, or you have struggles in keeping your marriage together? Nearly all of us go through a form of these deep and difficult feelings at some point in our lives. They help members of our community deal with these very common, yet difficult issues of life. If you, or someone you know, is struggling with any difficult emotional behavioral or substance use problems, these are the people who can help. Their professional, confidential, and knowledgeable services are available to help. All of us need help some of the time. Thanks to HMS help is available. - Alan

Meet Our Residents!

Class of 2015



**Algele "CID" Sumulong, MD
Benjamin J. Cluff, MD**

Class of 2016



**Alan Schumacher, MD
Rachel Seltzer, MD**

Class of 2017



**In Training at UNM
Magda Ramirez, MD**

Community Health/Pediatric Clinic

Dr. Seltzer,

PGY2 Resident Physician

Beginning with the Community Health rotation was an optimal and kind way to begin my residency career at HMS. I appreciated getting to know so many collaborative programs and individuals in the community. Now that I have completed a Pediatrics rotation, I am *finally* beginning to recognize some of the bread and butter rashes and runny noses. In only two weeks, I have realized that I have never before done an outpatient-heavy primary care pediatrics rotation - it's all been inpatient, subspecialty, or deconcentrated in the context of family medicine outpatient primary care. I've never gotten the hang of this before! Additionally, an overwhelming "Thank you!" for the invitations to join you for Thanksgiving. Again, the outpouring of embrace and inclusivity means so much to me as a new member of the community. – Rachel

Pediatrics Emergency Department

Dr. Ramirez,

PGY 1 Resident Physician, In Training at UNM

This past month I have spent my time at the Pediatrics Emergency Department (ED) during the nights and the family clinic during the days.

Here at the University of New Mexico Hospital, Pediatric ED is an incredible experience. This is the only regional trauma center for the entire state of New Mexico. For that reason, almost every kind of case has been coming to our doors during my shifts.

I have the opportunity to work one-on-one with the attending and get to better know other interns and upper levels from Family Medicine, Pediatrics and Emergency Department. It is definitely the place where procedures can be done and lots of learning takes place. The difference between working in Family Medicine and ED Pediatrics is that you only get to spend a brief period of time with your patients in ED. Nonetheless, I feel good when a little tearing eye gives me a tiny handshake after suturing a minor laceration or when I was able to help stop the vomiting or figure out a fever for a little child. The learning environment is excellent if you are up to working hard.

Nights go by at the ED and then my family clinic rotations come along. Family Medicine is versatile and refreshing. During my days at the clinic, I get to better know my patients and my community. This is why I am here; to be able to guide patients in their journeys, to keep their health in check and look for answers to their concerns. The most important part is that I am not alone doing this. It is with the coordination of nurses, assistant physicians, social workers, psychologists and case managers that health care really happens. To keep refreshed when I find the time, I love to go for a hike around the corner with my husband Rob and our dog Baloo. - Magda