

# NEWSLETTER

November – December 2015



## Where Our Residents Have Been!

### **Geriatrics/Adult Inpatient Service**

**Dr. Schumacher, M.D.**

**PGY3 Resident Physician**

During the last month, I was privileged to work with some very special people in some very special circumstances...Horizon Hospice Care, and AmberCare Home Health and Gila Regional Medical Center Inpatient Service. Each of these opportunities was unique, yet they tied together in a continuum of care that was especially useful to see in a compressed period of time. Imagine please: you have seen a very ill patient in the hospital setting. You recognize that they have serious illness that requires specialized care, but they are well enough that they no longer require the intensive 24 hour surveillance of a hospital setting. They get discharged to their home, with a request for Home Health Care. The patient receives regular visits from a qualified, caring nursing staff in their own home. As the patient's illness progresses, it becomes apparent that they are unlikely to survive the next 6 months. They become qualified for Hospice Care...this requires a special set of skills, understanding, and mentality. It is difficult to put words to, but if you believe in angels, then the nurses and staff of these services are surely some of them. - Alan

### **Adult Inpatient Service/Physical Therapy**

**Dr. Seltzer, M.D.**

**PGY3 Resident Physician**

I had a rich, challenging, as always, rotation with our fantastic inpatient attendings and staff. I am grateful for all your investment in teaching me, and hope I am responding to the challenge in kind. Special thanks to Drs. Felberg and Dalton for all your time and energy in our education. I also had an equally lovely time with Suzanne Thomas and her team at Desert Springs Physical Therapy. Thank you for taking me on, teaching me the broad scope of your practice, and fostering an excellent experience! - Rachel

### **Adult Inpatient Service/Radiology/Podiatry**

**Dr. Ramirez, M.D.**

**PGY2 Resident Physician**

My Block 5 rotation consisted of rounding the inpatient medicine wards at Gila Regional Medical Center and clinic work at the HMS Community

## Resident Roster

### Class of 2016



Alan Schumacher, MD

Rachel Seltzer, MD

### Class of 2017



Magda Ramirez, MD

Lynda Labranche, MD

### Class of 2018



Brandon Ferguson, MD

Neel Patel, MD

In Training at UNM



**We now have a  
Facebook page!**

"Like" us on Facebook at  
[www.facebook.com/hmsfmrp](http://www.facebook.com/hmsfmrp)

Health Center. I was also fortunate to spend time with the GRMC Radiology team as well with podiatrist, Dr. Gough. I had a very solid experience at all of these sites!

In the clinic setting, I am feeling more comfortable with my patients and enjoy working every day with my team. Procedure clinic has given me the time to improve my skills and make a difference in a patient's life right away. In medicine, this kind of experience is reserved for surgeons. However, when we do procedures, it makes us enjoy the adrenaline rush of immediate reward. My days were also spent alternating pediatric call with Dr. Michelle Pahl. We had a busy week with a great variety of cases in neonatology settings!

At the hospital, this was the first time that I had worked paired with our senior resident (Dr. Alan Schumacher). It was a great experience of cooperation in the field. We worked as a team with Dr. Dalton and Dr. Felberg. Our attendings gave us enough room to think and manage our cases. I think this is the way to teach and learn medicine; one on one in an environment that allows you to do your best for the patient. Social work rounds, nursing staff and radiology was part of or daily support team to assess management, not only for medical care but also for other social components that make the difference in patient's lives. The specialists in the hospital were also receptive of our presence as residents. They were always attentive and answered our questions. This rotation has changed my perspective of hospital care. It made me want to learn more and become a better resident every day. Thank you all for your time, support and diligence. You are part of our training and it is greatly appreciated! - Magda

### **Podiatry/Adult Inpatient Service**

**Dr. Labranche, M.D.**

**PGY2 Resident Physician**

Here in Silver City, NM we as residents spend time with podiatrist, Dr. Gough. The feet are an often neglected part of the body, yet are an important part of managing many chronic illnesses such as diabetes and venous insufficiency. Maintaining good feet also results in confidence and increased comfort. It was a great experience learning from Dr. Gough about ways to manage common complaints and medical conditions of the feet. I was also able to get re-acquainted to the operation room and see surgical foot procedures for the first time. I now feel more comfortable with answering questions and in assisting my own patients with getting help for their feet. I also spent time on inpatient wards at Gila regional Medical Center continuing to see sick patients. One of the most memorable things while working with Dr. Felberg and Dr. Dalton was doing a thoracentesis and presenting an interesting case of mine to some of our residency colleagues and faculty ...very fun! - Lynda

### **Obstetrics and Gynecology**

**Dr. Ferguson, M.D.**

**PGY 1 Resident Physician, In Training at UNM**

My month on the OB/GYN service here at UNM was a great reminder of why I chose to pursue family medicine. It was such a joy to participate in the care of both mothers and babies. I had a great time working with wonderful residents and faculty who were eager to teach. I feel very fortunate to be receiving the training that I am and for the opportunity to care for patients of all ages and in so many different settings of medicine. - Brandon

### **Pediatric Emergency Medicine**

**Dr. Patel, M.D.**

**PGY1 Resident Physician, In Training at UNM**

This past month, I spent time in the Pediatric Emergency Department at UNM Hospital. I not only saw the most common cases that I will encounter in my career, but I also had a chance to see some very unique illnesses that I could only encounter at a large university hospital like UNM. This was a great month to fine-

tune my ability to work in a fast paced environment and prioritize the sickest patients first. My favorite part of the rotation was definitely educating the parents and older patients on how to prevent their illness and what to watch out for in the future. It was a very rewarding month and after also spending a month on the Pediatric wards, I feel much more confident in seeing children in all types of settings. - Neel

### *ALSO Certification Course Offered*

Hidalgo Medical Services offered its first ALSO (Advanced Life Support in Obstetrics) certification course on November 20<sup>th</sup> and 21<sup>st</sup>. This evidence-based course trains health care providers on how to manage their obstetric patients through emergent situations which include shoulder dystocia, postpartum hemorrhage, and pre-eclampsia. The course also covered preventive care for the patient. Thank you to all those who traveled near and far to attend! Also, a very big thank you to our instructors Dr. Joyce Troxler, Dr. Dolores Gomez, Dr. Danielle Fitzsimmons-Pattison, Dr. Michelle Diaz, Dr. Kristan Diaz-Rios and Dr. Darrick Nelson.



*Happy Holidays from all of us at Hidalgo Medical Services Family Medicine Residency Program!*



Program Director- Darrick P. Nelson, M.D. Associate Program Director- Kristin Diaz-Rios, M.D. Associate Program Director- Joyce Troxler, M.D.  
Program Coordinator- Jade Zamora

For More Information about Our Program, Visit [www.newmexicoresidencies.org/residency-programs/silver-city.html](http://www.newmexicoresidencies.org/residency-programs/silver-city.html)