

# NEWSLETTER

January - February 2016 Edition



## Where Our Residents Have Been!

### **Orthopedics and Sports Medicine**

Dr. Schumacher, M.D.

PGY3 Resident Physician

Orthopedics, as a subset of anatomy in general, from my perspective, is one of the foundational areas of study in medicine. We are fortunate here in Silver City to have one of the finest orthopedic centers in New Mexico. The physicians at Southwest Bone and Joint (SWBJ) deserve our highest regard and appreciation for the tireless work they do here. The providers, Dr Carreon, Rick Lemke, PA and Dr. Reddy and the staff at SWBJ have continued to have the very best in orthopedic services available to us. Above and beyond that level of dedication, they have continued to take on resident physicians for orthopedic training. Under their instruction, I was able to hone skills and knowledge of the musculoskeletal system, its maladies, remedies, and management of pathology which will serve me, and through me, will serve my patients for years to come. Thank you SWBJ for your unflagging dedication and support. - Alan

### **Emergency Medicine**

Dr. Seltzer, M.D.

PGY3 Resident Physician

I had a fantastic time in the Emergency Room, as always. It was fun and fast-paced with wonderful colleagues. Many thanks to my attendings, the advanced providers, the nursing staff, and Innova, for your help and support! - Rachel

### **Pulmonology/ Radiology**

Dr. Ramirez, M.D.

PGY2 Resident Physician

Working with the radiology group at Gila Regional Medical Center and with Dr. Donald Stinar at the Pulmonology clinic at HMS was certainly motivating. Improving my skills with abdominal ultrasound, computerized tomography and MRI readings were some of the highlights of the dark room rotation. I also had the opportunity to be present in procedures and was enlightened to learn about how each procedure was done. As a family doctor, this knowledge is valuable because at any given time I may refer my patients to these studies and I will now know how to explain each study or procedure.

The other part of my rotation was spent with Dr. Stinar who gave me the opportunity to see and learn from his work. I hope to find some more time with Dr. Stinar in the future. - Magda

### **Otolaryngology (ENT)**

Dr. Labranche, M.D.

PGY2 Resident Physician

Spending time with Dr. Sparks was such a rewarding learning experience. I am again amazed at the passion for teaching in the community. The month included interaction with patients in the office along with hands on exposure to office procedures and tonsillectomies. Head, neck, ears and throat disease can

## Resident Roster

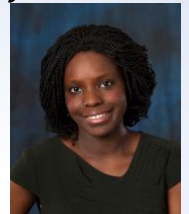
### Class of 2016



Alan Schumacher, MD

Rachel Seltzer, MD

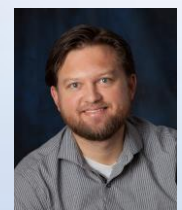
### Class of 2017



Magda Ramirez, MD

Lynda Labranche, MD

### Class of 2018



Brandon Ferguson, MD

Neel Patel, MD

In Training at UNM



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be a serious matter, however, this rotation was honestly one of the most interesting and fun rotations because of the unique ENT topics as well as the fun office personnel I worked with. It was also enjoyable to see the satisfaction from patient's faces after receiving education on their condition or after removing strange foreign bodies from their ears!!! The wall displaying the strangest things Dr. Sparks have removed from ears over the years is quite impressive and documentary worthy! - Lynda

### **Pediatric Urgent Care**

**Dr. Ferguson, M.D.**

**PGY 1 Resident Physician, In Training at UNM**

The urgent care is always an exciting place to work. You never know who is going to walk through the door next and whether or not it will be a basic case of the sniffles or something serious. My time at the pediatric urgent care at UNM was both exciting and humbling. I am still in awe by the amount of trust that parents place in physicians when it comes to their children. I had a great time learning from wonderful attending's and residents, and I have already had opportunities to put what I have learned to use in my own clinic. I am very grateful for this opportunity and for the education that I am receiving. I look forward to the many adventures that lie ahead! - Brandon

### **Newborn Nursery**

**Dr. Patel, M.D.**

**PGY1 Resident Physician, In Training at UNM**

I spent the beginning of the month in the Newborn Nursery. It was such a great experience taking care of newborns when I just spent the previous month taking of the all the pregnant moms! I specifically remember helping with a delivery while in OB and then doing a circumcision on that same baby 2 days later. This is the type of full-spectrum care I envisioned when deciding to do Family Medicine. While there was not a lot of intervention in the newborn nursery (since majority of them were healthy), I learned a ton and was taught the subtle differences between healthy and unhealthy newborns. I truly enjoyed educating first time parents on proper newborn care and promoting breastfeeding as much as possible. - Neel

## *New Mexico Legislative Session*



Left Picture: On February 3rd, PGY3 Resident Dr. Rachel Seltzer attended the 2016 Legislative Session in Santa Fe, NM as "Doc of the Day." Program Director, Dr. Darrick Nelson accompanied her as her attending. Pictured are Dr. Seltzer and Dr. Nelson at the state capitol.

Right Picture: On February 4<sup>th</sup>, Hidalgo Medical Services participated in legislative activities for "Primary Care Day" at the 2016 Legislative Session in Santa Fe. Pictured are Dr. Salcido, Nikki Bascom and Jade Zamora.

Program Director- Darrick P. Nelson, M.D. Associate Program Director- Kristin Diaz-Rios, M.D. Associate Program Director- Joyce Troxler, M.D.  
Program Coordinator- Jade Zamora

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