

NEWSLETTER

April 2016 Edition



Where Our Residents Have Been!

Continuity Clinic/ Study

Dr. Schumacher, M.D.

PGY3 Resident Physician

Last month was dedicated to my clinic patients in the HMS Family Medicine Clinic and to an immersion into preparation for the Board Certification Exam for Family Medicine. These two opportunities really epitomize my primary motivation for the decision to practice medicine at this later stage in life. I wanted to use the knowledge and abilities I had been given in a more direct and meaningful way towards the better of world at large, and specifically to the members of the community in which I lived. Over the last two years, I have been fortunate to develop a close relationship with many of my regular patients...one of the gifts of working in family medicine. Secondly, I wanted to continue to be challenged, and to grow in knowledge and ability as I approached the last 3 decades of my life (or 4, or 5 decades?). I did not want to sit in an armchair and watch TV, or continue to repeat the mundane day to day routine of a "job". I am grateful to my patients, to scholars that have gone before me, and to the family medicine residency program for the opportunity. - Alan

Family Medicine Outpatient Clinic

Dr. Seltzer, M.D.

PGY3 Resident Physician

A huge thanks to Dr. Stanley for taking me in for a month-long rotation. I appreciated how up to date he keeps with evolving evidence and pharmaceutical developments. I enjoyed learning more about cardiac stress tests. In addition, his guidance has been particularly helpful regarding improving efficiency in the outpatient setting. Thank you again to Dr. Stanley and the folks at GRFP for hosting me this past month! - Rachel

Cardiology

Dr. Ramirez, M.D.

PGY2 Resident Physician

For a small town, we are covered! We have two dynamic cardiologists in town. The first two weeks I spent shadowing Dr. Ratliff at Gila Cardiology. Every morning if time allowed, he would take the time to discuss a past case. I also had the opportunity to do stress testing with Dona the nurse practitioner and learn about echocardiograms. Dr. Ratliff also came to HMS to see my presentation on aneurism type B. The next two weeks I had the great opportunity to work with Dr. Martin at Mountainview Cardiology of Silver City who is an avid reader and teacher. He gave me the latest information in pre-ops, sports evaluations, cardio testing, blood pressures guidelines and cholesterol. I saw patients and we discussed management and other important topics. Every morning he would give me an article to read. He also taught me about echocardiograms and stress testing. I am so glad we have such worldwide quality specialists in town. I feel truly inspired to continue to get better and learn different styles on how to approach my patients. From a learner in the

Resident Roster

Class of 2016



Alan Schumacher, MD

Rachel Seltzer, MD

Class of 2017



Magda Ramirez, MD

Lynda Labranche, MD

Class of 2018



Brandon Ferguson, MD

Neel Patel, MD

In Training at UNM



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making, thank you for your time, effort and commitment to help my residency program to make better residents. For a small town like Silver City, we have specialists with lots to offer to our town and to our residency program. - Magda

Orthopedics and Sports Medicine

Dr. Labranche, M.D.

PGY2 Resident Physician

Orthopedics and Sports Medicine was an exciting rotation to hone my skills in diagnosing musculoskeletal disorders. I was lucky to work briefly with Dr. Robinson on this rotation, and receive some great teaching from him despite him not being officially back to work. The remainder of my time was spent with Rick Lemke and Dr. Carreon gleaned from their expertise. It was amazing to see how progressively innovative shoulder and knee replacements have become. I appreciate Rick's teachings on the techniques of a reverse shoulder replacement. The ortho department does awesome work! I also rotated at the Billy Casper Wellness Center Rehabilitation Center; a comprehensive facility for rehabilitation. I am grateful to learn about all of the services available for rehab including physical therapy, speech therapy and foot care. The one-on-one quality care offered by the therapist really does make a difference for many patients. All of the therapists were dedicated to their job and were quite knowledgeable. - Lynda

Visit to Silver City

Dr. Ferguson, M.D.

PGY1 Resident Physician, In Training at UNM

I had such a wonderful time in Silver City! My time in the clinic felt less like work and more like spending time with family and friends. It was a great opportunity to learn from incredible attendings as well as senior residents. The clinic staff are some of the best that I have had the chance of working with yet. I am truly grateful for the opportunity that I will have to continue my training at HMS for the next 2 years. July just can't come quick enough. - Brandon

Cardiology

Dr. Patel, M.D.

PGY1 Resident Physician, In Training at UNM

I recently spent time in the cardiology consult service at UNM hospital. Cardiology is such an integral part of family medicine as it involves preventative care and management of stable heart diseases. I'd be lying if I said cardiology isn't intimidating, but the time I spent on this rotation gave me a much greater level of confidence in approaching cardiac conditions like heart failure, arrhythmias, ACS, and even vascular disease. All of the attending physicians I worked with on this service dedicated themselves to teaching us residents and making sure we could apply this knowledge in our respective fields. - Neel

INTRODUCING THE CLASS OF 2019!

HMS FMRP would like to introduce our incoming PGY1 residents (Class of 2019) Mario Campos and Susan Bauer!

Mario Campos, a native of New Mexico, is currently finishing up his medical education at the University Of New Mexico School Of Medicine in Albuquerque, NM as a BA/MD student. "I am honored, and extremely thankful, to become part of the Hidalgo Medical Services Family Medicine Residency Program in Silver City, NM. As someone who was born and raised in rural New Mexico, I have firsthand experience in medically underserved areas. I was also part of the combined BA/MD Program at the University of New Mexico, which was designed to alleviate physician shortage in New Mexico's most rural locations. To this day my commitment to rural medicine is unchanged, and with the training from the HMS Family Medicine Residency program I know I will become a competent practitioner of full scope family medicine. To me, this is the ideal residency program because the training will most closely resemble my future practice. I look forward to meeting everyone in the program and becoming more intimately acquainted with the beautiful Gila Wilderness soon."

Susan Bauer is currently finishing up her medical education at the Rocky Vista School of Osteopathic Medicine in Parker, CO. "I'm a nontraditional student, with a previous career in biotechnology, as well as having been an EMT with the national ski patrol. I'm interested in rural medicine & loved the Silver City program because of the location, faculty, & rural training program. I can't wait to get to Silver City & join the community!"

Both Mario and Susan are set to graduate in May of 2016 and will begin their residency training with HMS FMRP in July. Their first year of training will take place at Memorial Medical Center in Las Cruces, New Mexico. They will return to Silver City for their second and third years of training to gain experience in outpatient based training in a rural setting. HMS FMRP welcomes Mario and Susan and looks forward to their arrival in July!



Program Director- Darrick P. Nelson, M.D. Associate Program Director- Kristin Diaz-Rios, M.D. Associate Program Director- Joyce Troxler, M.D.

Program Coordinator- Jade Zamora

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